

**ANASSA**  
ROYAL TREATMENTS

STELLA ISLAND 



TREAT  
YOURSELF  
LIKE  
ROYALTY

LIVE LIFE IN THE ISLAND





ELEMIS is a skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise and available in over 45 countries.

Our therapists are passionate about taking care of your skin. The focus is delivering proven results with feel-good skincare products combined with cutting-edge patented technology. The ELEMIS award-winning skincare portfolio includes face and body skincare products with revolutionary formulas, spa treatments, supplements and more.

The extensive experience in facial services means ELEMIS has first-hand knowledge your complexion and experience at tailoring skin concern solutions for every individual. Nature powers the ELEMIS products: by sourcing natural extracts, that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

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# ANTI-AGEING SKIN SOLUTIONS

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## **ELEMIS No-Touch Supercharged Facials**

60mins - €135

The No-Touch Facial deliver transformative results, while providing you with the peace of mind that you are being treated with the highest hygiene and safety standards. The safe-touch tools, cutting-edge technology, and professional-strength products will bring your skin back to life, looking healthy, radiant, and renewed.

**Hydra-firm:** Targets deep lines, dehydration and loss of firmness.

**Resurfacer:** Targets blemishes, uneven skin tone and pigmentation.

## **ELEMIS BIOTEC Line Eraser**

60mins/90mins - €135 /€190

Wrinkles are targeted with firming and toning microcurrent pulses to stimulate the skin cells towards dynamic functionality. Circulation is improved, increasing the production of collagen and elastin, whilst the dermis is flooded with super Hyaluronic hydrating activators, sealed with a re-energising Amber balm. Red and blue light therapy warms and de-stresses the skin whilst a blast of oxygen delivers a breath of fresh air, effectively ironing out wrinkles and filling in lines. A powerfully rejuvenating facial treatment.

## **ELEMIS BIOTEC Firm-a-Lift**

60mins/90mins - €135 /€190

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting technology. Circulation stimulating Arjuna, Gardenia stem cells and Alaria Esculenta Seaweed are activated by microcurrent pulses to tighten slackening skin. Galvanic currents infuse the skin with bio-active formulas that hydrate and tone. The extra-cellular matrix of the skin is visibly strengthened, restoring elasticity and tenacity for a contoured complexion that is remarkably lifted.

## **ELEMIS BIOTEC Skin Resurfacer**

60mins/90mins - €135 /€190

This revolutionary resurfacing facial addresses skin tone, blemishes and fine lines to transform the texture of the skin.

The ultrasonic peel reveals a noticeably smoother complexion using a combination of Lactic and Hyaluronic acids, Sandalwood, Thyme and Lemon oils. Steam and extraction deeply cleanse and detoxify before massage and light therapy restores equilibrium. Wrinkles and fine lines are reduced to leave a complexion that has never been softer or smoother.



### **ELEMIS BIOTEC Superfood Renew**

60mins/90mins - €120 /€160

A powerful antidote for dull and tired skin, this cellular-boosting treatment targets sluggish complexions. The ultrasonic peel pumps vibrational energy into the skin to exfoliate and stimulate the removal of impurities and dead skin cells, while the Galvanic rejuvenating current harnesses the power of Elderberry and Orange flower extracts to restore moisture and vitality. Skin is left profoundly reinvigorated. Instantly clearer, visibly brighter and radiant.

### **ELEMIS BIOTEC Peptide 24/7 Skin Sync**

60mins/90mins - €120 /€160

This ground-breaking facial combines exclusive botanical formulations with a deeply cleansing ultrasonic peel for a well-rested glow. LED light therapy helps reset the clock for optimum skin wellness, whilst galvanic technology stimulates the skin for maximum results and an illuminated, wide-awake feel.

### **ELEMIS BIOTEC Blemish Control**

60mins/90mins- €120 /€160

A deep cleansing facial that detoxifies the skin and repairs damaged tissue.

This treatment uses ultrasonic vibration, massage, steam and galvanic currents to thoroughly decongest and exfoliate. A powerfully anti-oxidant, anti-bacterial activator containing Salicylic acid and inflammation-reducing Iris soothes and smoothes while light therapy helps balance and clear the complexion, speeding up recovery.

### **ELEMIS BIOTEC Sensitive Skin Soother**

60mins/90mins - €120 /€160

The anti-redness treatment that calms and soothes sensitive skin. Using an activator rich in Frankincense and natural anti-inflammatory Willowherb, the skin is infused with oxygen to encourage cellular restoration, perfect balance and structural strength. Red light therapy operates in harmony with calming anti-oxidants to improve cell communication and the skin's natural ability to repair itself. The result is serene, smooth and sensational.

# ANTI-AGEING SKIN SOLUTIONS

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## **ELEMIS Pro-Collagen Facial Workout Massage (Face & Eyes & Neck)**

45mins - €115

A complete face workout that includes the ELEMIS Sculpting Wands, exfoliating gloves and Massage spatulas. A true high performance experience of a facial workout and massage that will plump and lift your facial muscles in 45 minutes. Expect a glowing and lifted complexion that feels refreshed and awakened.

## **ELEMIS Pro-Collagen Age Defy**

60mins - €130

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourishes, younger looking skin.

## **ELEMIS Ultra-Smart Anti-Ageing Eye Treatment**

50mins - €115

A uniquely engineered treatment that cleverly mimics the resilient behavior of younger skin. This Eye Treatment will help brighten and smooth deep-set lines, targets loss of elasticity and helps reduce the appearance of puffiness, for a lifted look. Using the ELEMIS Smart Eye Tool, we apply gentle pressure to encourage micro-circulation, de-puff and create the perfect anti-aging solution for eyes.

## **ELEMIS Pro-Collagen Definition Lift and Contour**

60mins - €130

Powered by breakthrough technology targeting sagging jowls, cheeks and jawlines, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in Endelweiss and Tiger Grass help support the extra-cellular matrix. The structure of the skin is boosted through a unique, deep, muscle toning massage from the scalp to the décolleté. The skin appears plumper and revitalised, creating profound sculpted, youthful effect.

## **ELEMIS Dynamic Resurfacing Precision Peel**

30mins/60mins - €70/€130

This highly potent couture resurfacing treatment targets the signs of aging and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzymes to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger looking skin, whilst a steam and extraction cleanses at a deeper level. A new start for new skin that has never looked better.

**ELEMIS Superfood Renew**

30mins/60mins - €60/€110

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

**ELEMIS Peptide 24/7 Skin Sync**

30mins/60mins - €60/€110

Target tired skin with this radiance-restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to ELEMIS, work around the clock to help keep skin in sync, ensuring each vital process is carried out to optimum effect. Specialist massage techniques help to replenish skin for a well-rested, radiant and beautiful glow, 24/7.

**ELEMIS Sensitive Skin Soother**

30mins/60mins - €60/€110

Fragile skin needs special attention. A subtle, calming massage technique is used to help reduce the appearance of redness and strengthen the top layer of a delicate skin, protecting against daily stresses. The soothing properties of Moroccan Rose, Chamomile and Apricot are combined to gently cleanse and exfoliate, whilst the deeply nourishing Neroli mask leaves skin nurtured and comforted. Texture and tone are dramatically restored. Moisture levels are boosted.

Skin is left supremely calm and confident.

**ELEMIS Anti-Blemish Mattify and Calm**

30mins/60mins - €60/€100

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

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**ADD-ON**

\* Can be added to any Body Treatment or Massage

**ELEMIS Feast Your Eyes Add-On Treatment**

15mins - €30

Give puffy eyes their marching orders with this instantly reviving eye treatment. A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand & arm massage. See the world through new eyes.

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## FACE

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### FACE TECHNOLOGY

#### **ELEMIS BIOTEC Super-Charger for Men**

60mins/90mins - €125/€180

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results. A multi-tasking, time efficient solution.

### FACE TOUCH

#### **ELEMIS High Performance Skin Energiser**

30mins/60mins - €60/€110

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. It maximises cell regeneration, whilst steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massage deeply relax. Finally the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

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## BODY

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### BODY FAVOURITES

#### **ELEMIS Warm Up/Cool Down Deep Tissue Massage**

30mins/60mins/90mins - €70/€120/€160

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

# MASSAGE TREATMENTS

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## **ELEMIS Warm Up/Cool Down Deep Tissue Massage**

30mins/60mins/90mins - €70/€120/€140

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## **ELEMIS Garden of England Rose Restore Relaxing Massage**

60mins/90mins - €120/€140

Take a walk in an English garden with this lavishly hydrating body massage. The unique Life Elixirs Essences that have been designed to be used in this extremely relaxing massage, will bring everything back to the potency of modern aromatics.

Each Essence has been designed for a different mood, enabling this massage to be tailored to your needs.

You may choose one of the following Life Elixir Essences:

**Calm:** a soothing blend, helps you to find your inner peace.

**Clarity:** an uplifting blend, helps you to invigorate your sense of self

**Fortitude:** an empowering Blend, makes you feel grounded and strong to the core

**Embrace:** a serene blend, to ignite your senses

**Sleep:** a deeply relaxing blend, to let your mind and body restore itself

## **ELEMIS Frangipani Head & Scalp Massage with Back Massage**

60mins - €120

This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.

Added bonus the amazing Frangipani Monoi Head & Scalp Mask. \*This treatment includes a 20min Relaxing Back Massage.

## **ELEMIS Poulitice-Powered Muscle Release**

60mins/90mins - €125/€165

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.

## **ELEMIS Deeper than Deep Hot Stone Massage**

30mins/60mins/90mins - €75/€125/€165

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.

## **ELEMIS Peaceful Pregnancy Massage**

75mins - €130

This unique pregnancy massage is profoundly nurturing and tranquil.

An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

## **ELEMIS BODY WRAPS & SCRUBS**

Drift away whilst you are cocooned in a comforting wrap or cleanse with a salt scrub. All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.

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## **NOURISH & HYDRATE**

### **ELEMIS Body Nectar Nourishing Wrap – Sweet Orchid or Frangipani**

60mins - €90

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

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## **BODY EXFOLIATION**

### **ELEMIS Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani**

40mins - €70

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

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## **ADD-ON**

\* Can be added to any Body Treatment or Massage

### **BIOTEC Eye Treatment**

30mins - €50

The eye area is a tricky customer (not like you) – delicate but lazy. ELEMIS BIOTEC technology is refined enough to gently stimulate and tighten without disturbing the fragile skin. Let us put stars in your eyes.

### **BIOTEC Neck Treatment**

30mins - €50

Make sure your neck is running a tight ship with this targeted toning treatment. Microcurrents remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done.

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## **BODY DETOX & ANTI-CELLULITE**

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### **ELEMIS Thousand Flower Detox Wrap**

60mins - €120

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

### **ELEMIS Cellutox Aroma Spa Ocean Wrap**

75mins - €130

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

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## **BODY TIGHTEN & RE-SHAPE**

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### **ELEMIS Targeted Toning & Slimming Treatment**

30mins/90mins - €75/€140

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed. (You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)

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## **Garden of England Rose Restore Hand Treatment**

30mins - €45

60mins included manicure - €75

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

## **Best Foot Forward**

30mins - €55

60mins included pedicure - €65

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

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## **FINISHING TOUCHES**

Manicure €30

Pedicure €40

Nail Polish €15

Soak off Manicure €45

Soak off Pedicure €55

Soak off Removal €15

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## **WAXING**

Underarm €15

Arm €25

Half Leg €25

Full Leg €35

Full Bikini €35

Bikini Line €20

Back/ Chest €30

Lip/ Chin €15

Eyebrow Shape €15

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## **LASH LIFTING**

Vegan Lash Lifting with Hydrating Eye Treatment €75

Keratin Vegan Lash Lifting Treatment with ELEMIS Eye Hydrating Mask and Massage (15mins)

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# SPA PACKAGES

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## Couples Spa Retreat

75 mins - €290

ELEMIS Deep Tissue Massage 60'

ELEMIS Peptide4 Thousand Flower Face Treatment 15'

## Skin Nutrition

2 hours and 40 minutes - €270

ELEMIS Garden Of England Rose Restore and Relaxing  
Massage 60'

ELEMIS Intensely Cleansing Salt Scrub 40'

ELEMIS Superfood Pro-radiance 60'

## Perfectly Pampered

2 hours and 15 minutes - €190

ELEMIS Deeper than Deep Hot Stone Massage 60'

ELEMIS Hair and Scalp Frangipani Treatment 15'

ELEMIS Best Foot Forward included Pedicure 60'

## Romantic Rejuvenation for Couples

€310

ELEMIS Garden of England Restore and Relaxing Mas-  
sage 60'

Use of Jacuzzi included two glasses of sparkling wine,  
tropical fruit salad and mix of sweets (choice of Moët  
& Chandon 30)

## Bridal Love

2 hours and 30 minutes - €240

ELEMIS Pro-Collagen Age Defy 60'

ELEMIS Frangipani Head & Scalp Massage with Back  
Massage 60'

ELEMIS Gardesn of England Rose Restore Hand Treat-  
ment 30'

## Perfect groom

€240

ELEMIS High Performance Skin Energiser 60'

ELEMIS Deep Tissue Massage 60'

ELEMIS Best Foot Forward 30'

## Face & Body High Tech Anti-Ageing Treatment

5 days - €610

with At Home Anti-Ageing Set - 1000

ELEMIS Biotec Anti-Ageing x 3

ELEMIS Cellutox Aroma Ocean wrap x 3

## Holiday Detox Program

6 days - €440

ELEMIS Cellutox Aroma Spa Ocean Wrap x2

ELEMIS Thousand Flower Detox Wrap x2

ELEMIS Superfood Pro-radiance Facial Treatment x2

## Hamam Body Clay with Massage for Two

90mins - €270

30' in the Hamam

60' Full Body ELEMIS Massage

## FACILITIES

### Use of wet area

60' / per person €10

3 days unlimited use €40

5 days unlimited use €60

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# SPA ETIQUETTE

- The opening hours of the Stella Island spa is 9:00- 19:00.
- We highly recommend that you book in advance to ensure you secure your preferred time & treatment.
  - For cancellations please let us know at least 4 hours prior to the scheduled appointment.
    - If such notice is not provided you will be charged with 50% of the treatment cost.
    - Please arrive 15' prior to your appointment and confirm your personal health history.
    - The spa's management cannot be liable for loss or damage to any personal items.
  - Please lock your personal items in your personal locker or leave your jewelry in your room.
    - Eating, drinking and smoking is not allowed in the spa area.



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HOTELS COLLECTION

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